



SWISSFINTECHLADIES

PASSIONATE ABOUT CO-CREATION IN TECH AND FINANCE

CURRICULUM LEADING MIXED TEAMS WITH EQ

THIS COURSE IS FOR YOU IF:

You would like to increase your team's performance through more diversity & become a more attractive employer.

You would like to learn the basic concepts principles & practices of EQ

You would like to become more mindful about mental habits & behaviors.

SKILLS YOU'LL ACQUIRE

Emotional Intelligence, Active Listening, Collaboration, Achieving a common goal, Flexibility, Communication, Influencing, Empathy

SFTL VISION & GOALS

Become the biggest community of people seeking to attract more female talents to the FinTech Ecosystem.

Elevate the visibility of female FinTech founders & leaders.

Help companies create shareholder value through implementing diversity & access the network as well as knowledge of the FinTech world.

Introduction to EQ: An Interview with Joan Graci

Karen Wendt will conduct an interview with the EQ expert and lecturer of this course, Joan Graci. The participants will have time to get to know each other and warm up to the topic.

Module 1: Fixed to Growth Mindset Transformation

Over the course of our lifetime we have developed experiences by which we engage with the world, and this workshop will challenge your existing perspective and measure how effective it is in serving your future growth.

Module 2: Emotional Intelligence (EQ) for Impact

EQ is the capacity for recognizing our own feelings and those of others, for motivating ourselves, and for managing emotions; Through evaluating your behaviors and motivators via the TTI TriMetrix® EQ assessment, participants will discover how they can dramatically enhance their job performance and decision-making strategies.

Module 3: Self-leadership and Agility

A pivotal branch of EQ which will provide participants with the necessary tools for developing control of one's emotions, and in turn one's stress levels; A fundamental requirement for empowering both people and organizational success in the knowledge economy.

Module 4: Co-creation

This is a central branch of EQ because it gives you the ability to understand and respond to the needs of others, especially those who may be different from you; Whether you're a leader or a sole contributor to an organization, the ability to bring out the best in others is paramount for increasing engagement, motivation, relationship-building, and trust.

Module 5: Brain-Based Relationship Management

Agile leaders recognize the importance of building trust and providing a forum for a free-flowing exchange of ideas; In this interactive workshop participants will learn the importance of breaking down their goals into smaller, more manageable *bite size* pieces, as change is easier for the brain to accept in small doses that can be easily tracked and measured.



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COURSE INSTRUCTORS

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Joan Graci - President of APA Solutions NYC
As an advocate for leading with the brain in mind, Joan is an expert in EQ, agile leadership and many more brain-related spaces. She continues to engage her diverse client-base in utilizing her three-plus decades of experience within the professional development space by enhancing her training with the most cutting-edge neuroscience.



Karen Wendt - President of SwissFinTechLadies and CEO of Eccos Impact GmbH. Karen Wendt is an absolute expert in the areas of Responsible Investment Banking, Sustainable Finance, Positive Impact Investing Change Management, Digital Transformation and Impact Investing. Together with Katharina Miller she is the editor of the book ["The Fourth Industrial Revolution and Its Impact on Ethics"](#). She is also a lecturer on Behavioral Finance, Impact Investing, Quality Assurance, Governance, Change Leadership.

MORE ABOUT SFTL

www.SwissFinTechLadies.ch



[Success Story Karen Wendt](#)



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hello@swissfintechladies.ch

+41415613854

Alte Steinhäuserstr. 1, 6330 Cham